



PLANT-BASED EXPERIENCE with Sandra Lim

In Partnership with:

farms & сискоо

DAIRY-FREE ICE CREAM BAR

By Sandra Lim

Makes 16 Ice Pops

PEANUT BUTTER WITH MISO CARAMEL POPS

MISO CARAMEL SAUCE 200ml Cococut cream 200g coconut sugar 10g miso

0.2 g salt 0.2 g xanthan gum SUGGESTED TOPPINGS (OPTIONAL) Dark Chocolate Popcorn Cacao nibs Raspberry Powder

Bring coconut cream and sugar to boil. Add in salt and xanthan and reduce to desired consistency

PEANUT BUTTER ICE POPS 460 g rice milk 90 g peanut butter 350 g raw unrefined sugar 45 g inulin 2.5g salt 1 g xanthan gum 90g peanut butter

Blend all ingredients well. Put it into ice cream maker. Churn till volume has doubled. Fill into moulds and put into freezer till firm. Unmould and add on toppings.

DURIAN POPS 280g durian pulp 113g coconut milk 165g water 113g sugar 5g xanthan gum SUGGESTED TOPPINGS (OPTIONAL) Vegan white chocolate Dehydrated passionfruit pulp Dried bananas

Blend all ingredients well. Put it into ice cream maker. Churn till volume has doubled. Fill into moulds and put into freezer till firm. Unmould and add on toppings.